www.sportcontact.org @ sportcontact\_org Costa Brava, Barcelona & the Pyrenees Specialists in Sports Travel Experiences



# 10 MARCH 2024



www.sportcontact.org info@sportcontact.org

## 45th Edition

Get ready for the new course of the Zurich Barcelona Marathon 2024. One of the most attractive races in Europe.

In addition to the favorable climate that characterizes the city of Barcelona, it also runs through the heart of the city, being a completely urban route that passes through the most iconic tourist attractions.

A journey through Gaudí's modernist legacy, the Eixample, or the Camp Nou will force you to look up if you don't want to miss a single detail of one of the most special cities in the world.



## **General Information**

Participant registration deadline: February 10, 2024

#### **Schedule:**

The race starts at 8:30 am on Pg. de Gràcia Approximate arrival of the first runner: 10:40 am Time limit: 6 hours from the beginning of the race

#### **Pacers:**

35 pacers will participate in the race. A pace will be set for runners to finnish the marathon in 7 different times: 2h45, 3h, 3h15, 3h30, 3h45, 4h y 4h30

### **Refreshments:**

There will be refreshment stations for runners every 2,5 kilometers during the masathon

#### Wardrobe:

Available from 6:30 am

### **Showers:**

From 10:30 am to 3:30 pm with transfer service \*Required to bring the race bib



## Categories

**U-23:** 18-22 years

Master: 23-34 years

**Master 35:** 35-39 years

**Master 40:** 40-44 years

**Master 45:** 45-49 years

**Master 50:** 50-54 years

**Master 55:** 55-59 years

**Master 60:** 60-64 years

**Master 65:** 65-69 years

**Master 70:** 70-74 years

Master 75: 75 years and over



## **Pack Hotel + Marathon**

### **INCLUDED**

- 2 or 3 nights accommodation with breakfast
- 3 or 4 stars hotel
- Twin rooms
- Free WiFi
- Race registration (for the runner)
- Runner kit: energy bar and isotonic drink

### **NOT INCLUDED**

- Tourist tax
- Transfers
  - **✓** WE ORGANIZE ALL YOUR NON-SPORTING ACTIVITIES
  - **✓ ADAPTED TO YOUR BUDGET & CHOOSE YOUR ACCOMMODATION**
  - **✓** WE TAKE CARE OF ALL THE ORGANISATION









## Registration

## Personal Information

Name:
Last Name:
ID/ Passport:
Country:
Región:
City:
Address:
Postal Code:
Nationality:
Gender:
Date of Birth:

## **Contact Information**

Emergency Contact:
Race Information
Race Illioillation
Club:
Estimated Time:
Are you federated runner?
Shirt Size:

Registration closes on February 11, 2024

Email:



### **REGULATION**

#### \*To participate, it is mandatory to run with a chip.

#### Articlo

The Zurich Marató Barcelona is organized by a Promotion Committee made up of four institutions and entities: The City of Barcelona, the Marató de Barcelona Platform, the Catalan Athletics Federation and Barcelona Tourism. The event is coordinated by the Institut Barcelona Esports, and its Executive Organization is carried out by ASO (Amaury Sport Organization) and RPM SPORTS.

In addition to that, the Zurich Marató Barcelona Senate, a consultative body made up of 24 renowned figures in the world of athletics and the organization of sporting events in Catalunya, will act as an observer of the race and of its organization.

#### Article 2

Race day: Sunday, March 10th, 2024.

The start is at 8:30 am.

Completely urban circuit.

#### Autolo 2

The distance is 42.195 kilometers. It is certified by the Federació Catalana d'Atletisme through an authorized IAAF commissaire.

Likewise, the marathon is covered by the IAAF road race regulations, RFFA and FCA judges will ensure compliance with the rules.

#### Austria 4

Any binding decision for the course of the race will ultimately be made by the referee chosen by the RFEA. Judges and FCA auxiliary commissioners will support him. In accordance with IAAF regulations, there will be a refreshment station starting at kilometer 5 and every 5 km in addition to the finish line.

#### Article 5

Athletes from any nation, federated or not, are eligible to compete in the race.

In any case, competitors must be at least 18 years old on race day. Different classifications will be formed in both the male and female categories in accordance with RFFA regulations based on the year of birth

#### Article 6

Each runner participates in the Zurich Marató Barcelona under his or her own responsibility and has a sufficient level of physical condition to take part in the race.

#### Article 7

There are three sporting categories with disabilities: wheelchairs, visual impairments and intellectual disabilities.

#### Visually impaired:

Will start from the first starting box. To qualify for the classification and award of visual impairment, it is necessary to attach a copy of the accreditation card proving the disability. The guides will run without a chip and must be properly identified, indicating their personal data (name and surname, ID, date of birth, mobile phone and e-mail address).

- People with intellectual disabilities:
- To qualify for the intellectual disability classification and awards, it is necessary to attach a copy of the accreditation card for the disability.
- Those participating in the wheelchair or athletic trolley category:
   Will start an hour before the race starts.

\*Prizes for wheelchair, visually impaired and intellectually disabled categories will be awarded if a minimum of 3 athletes, male or female, have crossed the finish line. Prizes will be awarded on race day. Please go to the podium area once the race is over to find out the first, second and third positions.

#### Article 8

The Zurich Marató Barcelona will be the Catalan University Championship of the specialty. Participants who want to be considered for the university classification must first register as normal, and only then should they get in touch with their university's athletic department.

#### Article 9

It is not allowed to participate in modalities that do not correspond to this athletic event, such as skates, bicycles, hand bikes, and/or electric wheelchairs, among others.

#### Article 10

The course may be finished in no more than six hours. Those who have not finished at this point may do so by adhering to the highway regulations, doing so at their own risk.

#### Article 11

Registration for the Zurich Marató Barcelona is personal, non-transferable, and implies acceptance of these rules. Under no circumstances may it be given or sold to a third party, friend, or relative if the owner is unable to attend the race.

If you don't adhere to this requirement, your participation in the race may be void, and the organization has the right to bar you from taking part in future events.

#### Article 12

The organizers of the Zurich Marató Barcelona will not refund the registration fee due to injury and/or illness before, after or during the race, or for any other reason unrelated to the race. Under no circumstances will the registration fee be kept for future editions.

#### Article 13

Registration will only be valid once payment has been made. Registration will be open until Monday, March 4th, 2024, at 23:59h or, for security reasons, until the maximum number of 20,000 registered runners has been reached.

#### Article 14

The organization reserves the right to void articles 11 and 12 if the race is called off for circumstances beyond its control, taking any actions it considers necessary.

#### Article 15

Prior to race day, bib numbers will be picked up at Expo Sports on Friday and Saturday. You must show the formal identification document and the email with the bib number.

The T-shirt will be collected in exact order of arrival once the race bib has been picked up at the location specified by the organization, up until the size is available. Due to the fact that the t-shirts are bought and produced before registration closes, the organization cannot guarantee the size.

The race bib and runner's bag are forfeited if they are not picked up within the specified time frame. Picking up race bibs on race day will not be an option.

#### Article 16

Throughout the whole race, the bibs must be worn front and center on the trunk. The bib must be positioned on the upper portion of the trunk and in a prominent location. It may not be folded or otherwise handled.

#### Article 17

Each competitor will get a single-use chip from the organization, which must be turned in at the end of the race.

#### Article 18

The start is organized into starting waves. Each wave is identified with a color and only those who have the bib of the distinctive color, of that wave will be able to access them

#### Article 19

The Guardia Urbana de Barcelona will be in charge of maintaining security on public routes.

#### Article 2

Medical services will be authorized to withdraw any participant for medical reasons.

#### Article 21

The organization may modify the course for reasons beyond its control and/or force majeure. Compliance with the approved circuit is subject at all times to the approved remodeling of the public roads, which may cause small last-minute changes that are unavoidable on the day of the race but which will not affect the official distance.

#### Article 22

Participants explicitly allow their name, surname, sex and year of birth to be published in the lists of registered participants as well as in the lists of results if they finish the race according to the established rules.

#### Article 2

The organizers will have a civil liability insurance policy in accordance with current legislation. All participants will be covered by an accident insurance policy in accordance with Royal Decree 849/1993, of June 4th, which determines the minimum benefits of Compulsory Sports Insurance

- 1. Medical-surgical and senatorial assistance in accidents occurring in national territory, with no limits on expenses and a time limit of up to eighteen months from the date of the accident.
- 2. Pharmaceutical assistance in the hospital, with no limit on expenses and a time limit of eighteen months from the date of the accident.
- In-patient treatment for prostheses and osteosynthesis material, in its entirety, and with a time limit of eighteen months from the date of the accident.
- 4. The expenses incurred for rehabilitation during the period of eighteen months from the date of the accident.
- 5. Medical-surgical, pharmaceutical and sanatorium assistance in accidents occurring abroad, up to a limit, for all concepts of 6.000 €, and with a time limit of up to eighteen months from the date of the accident. This benefit is compatible with compensation for anatomical or functional losses caused by a sports accident, which is granted at the end of the treatment.
- 6. Compensation for anatomical or functional losses due to a sports accident with a minimum for major invalids (tetraplegia) of 12.020,24 €.
- 7. Assistance in the event of death, when this occurs as a consequence of a sporting accident, for an amount of no less than 6.010,12 €.
- 8. Assistance in the event of death, when this occurs in the practice of sport but without direct cause of the same, for a minimum amount of 1.803,04 €.
- Expenses arising from the purchase of orthopedic material for the cure of a sports accident (not prevention), for a minimum amount of 70% of the retail price of the said orthopedic material.
- 10. Expenses incurred in odontostomatology for injuries to the mouth caused by a sports accident. These expenses will be covered up to 240,40 €.
- 11. Medical assistance is available in the centres or from doctors in all the provinces of the national territory.
- 12. Non-accidental injuries are not covered, such as, among others, the following:
  - Non-traumatic tendinitis.
- Contractures, muscle pulls, overexertion.
- Degenerative injuries.
- Degenerative, pre-existing, chronic pathologies and injuries, non-traumatic tendinitis, gonalgia or pain without traumatic origin (back pain, both knees, overexertion).
- o At-home rehabilitation expenses.
- Expenses for the purchase of orthoses.
- Out-patient pharmacy expenses.

#### Article 24

The categories are as follows:

Sub-23: 18-22 years old. Master: 23-34 years old.

Master 35: 35-39 years old.

Master 40: 40-44 years old.

Master 45: 45-49 years old.

Master 50: 50-54 years old.

Master 55: 55-59 years old.

Master 60: 60-64 years old.

Master 65: 65-69 years old. Master 70: 70-74 years old.

Master 75: from 75 and over.

#### Article 25

Registering for the race implies acceptance of these regulations. The organization will decide on any incident that is not foreseen according to the long-distance running regulations of the Federació Catalana d'Atletisme as well as the IAAF regulations.

## Wheter You Want to Train or Compete

Which Sport Gets You Going?



## Why us?



**Excellent Sport Infraestructure** 

With 35.424 sports areas,
Catalonia has more sports facilities
than any other region in Spain

### **Natural Landscapes**

From brathtaking beaches to imposing mountains in the Pyrenees



## 5



**Temperate Climate** 

Mediterranean weather conditions to train and compete all year long

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Sport Travel Experiences
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